



# Apply to the 2024 Cadetship Program

**Are you ready to take the first step toward an exciting career in the community housing sector?** The Community Housing Industry Association NSW Cadetship Program is your pathway to paid employment, valuable training, and a Certificate IV in Housing.

## What's in store for you?

**Paid Employment and Training:** Gain hands-on experience in application/allocation services, tenancy management, property maintenance, and asset management while earning a wage.

**Certificate IV in Housing:** Over 12 months, you'll study for a Certificate IV in Housing, equipping you with essential skills and knowledge, including:

- Understanding the community housing workplace.
- Working closely with tenants and applicants to understand their unique needs.
- Assessing and overseeing property management.

## Eligibility

This program is open to:

- Residents of NSW
- Social housing tenants and clients aged 25+
- Unemployed individuals aged 21+ years



## Opportunity awaits:

There are 25 coveted positions available in NSW, but don't wait too long – these opportunities are on offer until 2024.

## Ready to take the leap?

To apply, simply complete the application form on the Community Housing Industry Association NSW website.

Seize this chance to kickstart a fulfilling career in community housing. Join the Cadetship Program and build a brighter future today!

## Meet the Team



### *Teri Abigall*

Teri is a proud Gumbaynggirr woman from the Kempsey Region and has been with Many Rivers since June 2023. She is a Housing Officer and manages properties in the Kempsey, Bellbrook and Aldavilla area. In her spare time, Teri enjoys catching up with family, going to the beach and, most recently, spending time with her newest little addition 'Honey' who is a brown miniature dachshund.

### *Kelly Griffin*

Kelly is a Gumbaynggirr woman and started with Many Rivers in July. She has just completed a Housing Officer Cadetship obtaining a Cert IV in Housing. Now she works with the Housing Team as a Housing Officer to manage our properties and assist our tenants in sustaining their tenancies. Kelly is a mother of two and has just become a Nan. She enjoys beach days and spending time with family. Being a local Aboriginal woman, Kelly finds it very fulfilling to be able to give back to her community by assisting her people with their housing needs.



**Does your property require repairs or maintenance?  
Submit a request form on our website, or contact us  
via email at [reception@mrrahms.com.au](mailto:reception@mrrahms.com.au)**



**Want to submit your feedback to us? Complete the  
feedback form on our website to let us know how  
we're doing and what we can improve.**

# Service NSW Concessions, Rebates & Assistance

Service NSW can help you with financial relief. Visit their website for quick access to:

- **Savings Finder:** Discover discounts and concessions on everyday expenses.
- **Storm and Flood Help:** Get assistance during emergencies.
- **Energy & Utilities:** Find ways to reduce energy and water bills.
- **Health Support:** Access subsidies for medications and medical transport.
- **Public Transport Savings:** Enjoy discounts on your commute.

Don't miss out on valuable support. Explore these resources on the Services NSW website today to lighten your financial load.



## What NOT to flush down the loo



Let's keep it simple - the only things that should ever go down the toilet are the 3 P's: pee, poo, and toilet paper. Here's why:

- **The 3 P's – pee, poo, and toilet paper:** These are the only things that should find their way into your toilet bowl. They're designed to break down in the sewer system, causing no harm.
- **Toilet paper is the only paper product to flush:** Unlike other paper products, toilet paper is specially designed to disintegrate quickly in water. It won't cause blockages or clogs.
- **Wipes clog pipes:** Even though they may be labelled as "flushable," wipes don't break down like toilet paper. Flushing them can lead to stubborn blockages and costly plumbing repairs.

- **Flushing wipes can lead to sewer backups:** When wipes clog your pipes, they can cause sewer backups. This means sewage can flow back into your home, causing a messy and expensive problem to fix.
- **Sewer overflows pollute the environment:** In severe cases, sewer backups can lead to overflows, releasing sewage into the environment. This pollution can affect water quality and harm our ecosystems.

So, remember the 3 P's, and let's all do our part to keep our pipes, sewers, and environment clean and healthy.

# Staying Safe During Snake Season

Warm weather has brought snakes out of hibernation, so let's talk safety.

## Where do snakes hide?

To protect your family and pets, remove common snake hideouts in your yard, such as:

- Rocks
- Overgrown Vegetation
- Long Grass
- Wet Grass
- Puddles
- Sunken Spots
- Pathways
- Piled Hoses
- Firewood Storage
- Open Areas Under Sheds/House
- Rubbish and Storage



## Snake bite: take immediate action

1. **Call for Help:** Dial 000 for an ambulance if you're alone. Give your location and try to get someone's attention. If you're with someone, have them call while you follow these steps.
2. **Stay Calm:** Avoid panicking or excessive movement, as it can spread venom faster.
3. **Immobilise the Limb:** Keep the bitten limb still.
4. **No Tourniquet:** Do NOT use a tourniquet.
5. **Apply a Pressure Bandage:** Use a shirt, towel, or scarf if you don't have a bandage. Wrap it TIGHTLY around the bite area, moving UP the limb until you run out of material. This restricts venom flow. If there's a nearby stick, use it to splint the limb.
6. **Stay Calm:** Wait for help. Try to remember the snake's description, bite time, and location (mark the bandage if possible).

## Encounter a snake? Stay safe

- **Don't try to handle or kill it:** Keep children and pets away. Snakes are not naturally aggressive and prefer to retreat. They attack humans when hurt or provoked.
- **No capture attempts:** If bitten, stay calm. Trying to capture the snake will likely lead to more bites.
- **Anti-venom available:** Anti-venom is accessible for all venomous snake species in Australia.

## Need snake removal?

Contact Many Rivers Regional Housing for your nearest snake catcher from our reptile handler list. Tenants, please notify your Housing Officer to organise a Reptile Catcher. Unauthorised trade visits will incur Tenant expenses for Reptile Removal.